

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2016

GRACE PARK, SENIORS LIVING WELL...

9:30 Senior Workout **1**
 10:00 Senior Fitness
 10:45 Remember When
 11:15 Daily Chronicle
 1:30 Card Game
 2:30 **BINGO**
 4:00 October - Trivia
 4:30 Joke of the Day


9:30 Senior Workout **2**
 10:00 Senior Fitness
 10:45 Christian Service
 11:00-12:00 Communion
 Hand Massage
 1:45 Daily Chronicle
 2:00 Treasure Tales
 2:45 Patio Music – Our Bob
 4:15 Jokes & Riddles

9:30 Senior Workout **3**
 10:00 Senior Fitness
 10:45 JC PENNY *
 11:00 Cross Word Puzzles
 1:30 Craft Demonstration
 1:45 Craft Project
 3:30 Walk Outdoors
 4:00 Hangman & Daily Chronicle
Rosh Hashanah

9:30 Senior Workout **4**
 10:00 Senior Fitness
 10:45 Tuesday Trivia
 11:00 Jokes & One on One
 1:30 Hand & Back Massage
 2:30 Sign Language
 3:00 Cocktail Hour - Byrd P.
 4:15 Daily Chronicle & Hangman

9:30 Senior Workout **5**
 10:00 Senior Fitness
 10:45 Daily Chronicle
 11:00 Back or Hand Massage
 11:30 PIZZA PARTY! *
 1:30 Fall - Walk Outdoors
 2:00 Scavenger Hunt
 3:00 Easy- Fall Water Colors
 6:30 Bingo Hour

9:30 Senior Workout **6**
 10:00 Senior Fitness
 10:45 Uplift with Pastor Barry
 11:00 Card Game - Main Str.
 1:30 Color for Fun!
 3:00 Cocktail Hour Lori - Jim
 6:30-7 p.m. Communion Service

9:30 Senior Workout **7**
 10:00 Senior Fitness
 10:45 End of Year PICNIC *

 11:00 Puzzles - Games
 1:45 Comedy Movie
 4:30 Hangman

9:30 Senior Workout **8**
 10:00 Senior Fitness
 10:45 Remember When
 11:15 Daily Chronicle
 1:30 Card Game -UNO
 2:30 **BINGO**
 4:00 Autumn - Trivia
 4:30 Joke of the Day

9:30 Senior Workout **9**
 10:00 Senior Fitness
 10:45 Christian Service
 11:00-12:00 Communion
 Hand Massage
 1:45 Daily Chronicle
 2:00 Treasure Tales
 2:45 Ice Tea & Patio Games
 4:00 Jokes & Riddles

9:30 Senior Workout **10**
 10:00 Senior Fitness
 10:45 TARGET *
 11:00 Word Search Puzzles
 1:30 Art & Wine with Karen
 3:30 Walk Outdoors
 4:00 Hangman & Daily Chronicle
Columbus Day (US)
Thanksgiving Day (Canada)

9:30 Senior Workout **11**
 10:00 Senior Fitness
 10:45 Tuesday Trivia
 11:00 Jokes & One on One
 1:45 Living Bible-Joanne
 2:30 Sign Language
 3:00 Cocktail Hr.- Ron & Ges
 4:15 Daily Chronicle & Hangman

9:30 Senior Workout **12**
 10:00 Senior Fitness
 10:45 Pastor McGee
 10:45 Penn's Peak Luncheon Music-Bill Haley & Comets *
 11:00 Daily Chronicle
 1:30 Fall Craft
 4:00 Wild & Crazy Facts
 6:30 Bingo Hour
Yom Kippur

9:30 Senior Workout **13**
 10:00 Senior Fitness
 10:45 From the Heart Marilyn
 11:00 Card Game - Main Str.
 1:30 Hand & Back Massages
 3:00 Cocktail Hour -Danny G.
 6:30-7 p.m. Communion Service

9:30 Senior Workout **14**
 10:00 Senior Fitness
 10:45 Chef Demonstration
 1:45 Country Ride-

 Fall Farm- Hay ride
 Ice Cream *
 4:30 Hangman

9:30 Senior Workout **15**
 10:00 Senior Fitness
 10:45 Remember When
 11:15 Daily Chronicle
 1:30 Card Game
 2:30 **BINGO**
 4:00 Pumpkin - Trivia
 4:30 Joke of the Day

9:30 Senior Workout **16**
 10:00 Senior Fitness
 10:45 Christian Service
 11:00-12:00 Communion
 Hand Massage
 1:45 Daily Chronicle
 2:00 Treasure Tales
 2:45 Ice Tea & Patio Games
 4:00 Jokes & Riddles

9:30 Senior Workout **17**
 10:00 Senior Fitness
 10:45 Kmart *
 11:00 Word Search Puzzles
 1:30 Craft Demonstration
 1:45 Craft Project
 3:30 Walk Outdoors
 4:00 Hangman & Daily Chronicle
Sukkot

9:30 Senior Workout **18**
 10:00 Senior Fitness
 10:45 Tuesday Trivia
 11:00 Jokes & One on One
 1:30 Fall Walk Outdoors
 2:00 Golden Cords- singing
 3:00 Cocktail Hour -Glenn K.
 4:15 Daily Chronicle & Hangman

9:30 Senior Workout **19**
 10:00 Senior Fitness
 10:45 Daily Chronicle
 11:00 Marita's Cantina *
 11:00 Word Search
 3:00 Craft with Nan
 4:30 Trivia
 6:30 Bingo Hour

9:30 Senior Workout **20**
 10:00 Senior Fitness
 10:45 Uplift with Pastor Barry
 11:00 Card Game - Main Str.
 1:45 Music Exercise
 3:00 Cocktail Hour OUR BOB
 6:30-7 p.m. Communion Service

9:30 Senior Workout **21**
 10:00 Senior Fitness
 10:45 Surprise Outing!!
 Fun - Food - Excitement
 Outside Adventure! *
 11:00 Word Search
 11:30 Picture Library
 1:45 Adventure Movie
 4:00 Hang Man

9:30 Senior Workout **22**
 10:00 Senior Fitness
 10:45 Remember When
 11:15 Daily Chronicle
 1:30 Card Game UNO
 2:30 **BINGO**
 4:00 Costumes - Trivia
 4:30 Joke of the Day

9:30 Senior Workout **23**
 10:00 Senior Fitness
 10:45 Christian Service
 11:00-12:00 Communion
 Hand Massage
 1:45 Matinee Movie
 Comedy
 3:15 Ice Tea & Patio Games
 4:00 Jokes & Riddles

9:30 Senior Workout **24**
 10:00 Senior Fitness
 10:45 Dollar Store & Giant *
 11:00 Word Search Puzzles
 1:30 Pumpkin Decorating
 3:30 Walk Outdoors
 4:00 Hangman & Daily Chronicle

9:30 Senior Workout **25**
 10:00 Senior Fitness
 10:30 Halloween Trivia
 11:00 Town Meeting

 1:30 Dress Up Time!
 2:15 Costume Contest!
 3:00 Cocktail Hour- Gene B.

9:30 Senior Workout **26**
 10:00 Senior Fitness
 10:45 Daily Chronicle
 11:00 Fall- Crock Pot Luncheon!! *
 11:00 Checkers
 3:00 Wine & Art- Karen
 4:30 Trivia
 6:30 Bingo Hour

9:30 Senior Workout **27**
 10:00 Senior Fitness
 10:45 From the Heart Marilyn
 11:00 Card Game - Main Str.
 1:30 Devotions with Essie
 2:30 Music Exercise
 3:00 Cocktail Hour Rob B.
 6:30-7 p.m. Communion Service

9:30 Senior Workout **28**
 10:00 Senior Fitness
 10:45 Casino or Country Ride and Lunch *
 11:00 Word Search
 1:30 Adult Coloring
 2:00 Musical Movie
 4:00 Hangman

9:30 Senior Workout **29**
 10:00 Senior Fitness
 10:45 Remember When
 11:15 Daily Chronicle
 1:30 Card Game
 2:30 **BINGO**
 4:00 Halloween - Trivia
 4:30 Joke of the Day

9:30 Senior Workout **30**
 10:00 Senior Fitness
 10:45 Christian Service
 11:00-12:00 Communion
 Hand Massage
 1:45 Daily Chronicle
 2:00 Treasure Tales
 2:45 Ice Tea & Patio Games
 4:00 Jokes & Riddles

9:30 Senior Workout **31**
 10:00 Senior Fitness
 10:45 Am. Candle/Gift Store*
 11:00 Word Search Puzzles
 1:30 Craft Demonstration
 1:45 Craft Project
 3:30 Walk Outdoors
 4:00 Hangman
Halloween

Communion: Sundays-Tuesdays-Thursday Evenings-
 Silver Swan Store: Tuesday 10:45
 Book Mobile: 12th & 26th
 Therapy Dog Visits: Vary
 Children Visits Welcomed!

YOU CAN'T BLOOM IN YOUR ROOM...

Please sign up for Monday, Wednesday and Friday Outings (if interested.* * *) Questions/Concerns Please see Karen, Director of Arts & Entertainment.