

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>GRACE PARK SENIORS LIVING WELL</p>		<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Tuesday Trivia 11:00 Jokes & One on One 1:30 Hand & Back Massage 2:30 Fun - Sign Language 3:00 Cocktail Hour Tom & Kat 4:15 Daily Chronicle</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Daily Chronicle 11:00 Fun Fact of the Day 11:30 Rootin Tootin Hot Dog * 1:30 Fall - Walk Outdoors 2:00 Card Game 3:00 Easy- Fall Water Colors 6:30 Bingo Hour</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Uplift with Pastor Barry 11:00 Card Game - Main Str. 1:45 Music Exercise 3:00 Cocktail Hour Tom C. 6:30-7p.m. Communion Service</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Chef Demonstration 11:00 Puzzles - Games 1:45 Fall Ride & Homemade Pie* 2:00 Comedy Movie 3:30 Word Search 4:30 Hangman</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Remember When 11:15 Daily Chronicle 1:30 Card Game 2:30 BINGO 4:00 Trivia 4:30 Joke of the Day</p>
<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Christian Service 11:00-12:00 Communion 11:15 Hand Massage 1:45 Daily Chronicle 2:00 Treasure Tales 2:45 Hot Chocolate & Games on Sun Porch 4:15 Jokes & Riddles</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Walmart * 11:00 Word Search Puzzles 1:30 Art & Wine with Karen 3:30 Fresh Walk Outdoors 4:00 Hangman & Chronicle</p>	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Tuesday Trivia 11:00 Jokes & One on One 1:45 Uplift with Karen 2:30 Fun - Sign Language 3:00 Cocktail Hr.- Val & Ken 4:15 Daily Chronicle</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Pastor McGee 11:30 Moe's * 11:00 Daily Chronicle 1:30 Winter Craft 4:00 Wild & Crazy Facts 6:30 Bingo Hour</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 From the Heart Marilyn 11:00 Card Game - Main Str. 1:30 Hand & Back Massages 3:00 Cocktail Hour -Roy R. 6:30-7p.m. Communion Service</p> 	<p>7:30 Red/White/Blue Breakfast with Karen* 9:30 Senior Workout 10:00 Senior Fitness 11:00 Veteran Facts 1:30 Visit Veteran Memorials</p>  <p><small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Remember When 11:15 Daily Chronicle 1:30 Card Game 2:30 BINGO 4:00 November - Trivia 4:30 Joke of the Day</p>
<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Christian Service 11:00-12:00 Communion 11:15 Hand Massage 1:45 Daily Chronicle 2:00 Treasure Tales 2:45 Ice Tea & Games on Sun Porch 4:00 Jokes & Riddles</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Kohl's* 11:00 Word Search Puzzles 1:30 Craft Demonstration 1:45 Xmas Craft Project 3:30 Fresh Walk Outdoors 4:00 Hangman & Chronicle</p>	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Tuesday Trivia 11:00 Jokes & One on One 1:45 Uplift with Karen 2:30 Fun - Sign Language 3:00 Cocktail Hour -Tom V. 4:15 Daily Chronicle</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Daily Chronicle 11:15 Olive Garden * 11:00 Word Search 3:00 Craft with Nan 4:30 Trivia 6:30 Bingo Hour</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Uplift with Pastor Barry 11:00 Card Game - Main Str. 1:45 Music Exercise 3:00 Cocktail Hour Jim H 6:30-7p.m. Communion Service</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Bowling & Wendy's* 1:45 Xmas Movie 2:30 Adult Coloring 3:30 Picture Library 4:00 Hang Man</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Remember When 11:15 Daily Chronicle 1:30 Card Game -UNO 2:30 BINGO 4:00 Thanksgiving Trivia 4:30 Joke of the Day</p>
<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Christian Service 11:00-12:00 Communion 11:15 Hand Massage 1:45 Daily Chronicle 2:00 Treasure Tales 2:45 Hot Chocolate & Games on Sun Porch 4:00 Jokes & Riddles</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Siver Swan Store 1:30 Easy Xmas Craft 3:30 Fresh Walk Outdoors 4:00 Hangman & Chronicle</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Tuesday Trivia 11:00 Jokes & One on One 1:45 Uplift Your Spirit 2:30 Fun - Sign Language 3:00 Cocktail Hour Len & John 4:15 Daily Chronicle</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Daily Chronicle 11:00 Lunch Special - Karen & Nan @ Grace Park * 3:00 Wine & Art- Karen 6:30 Bingo Hour</p>  	<p>9:30 Senior Workout 10:00 Senior Fitness 11:00 Blessings. Poems 1:30 Thanksgiving Story 2:00 Giving THANKS 3:00 Family Movie Happy Thanksgiving!</p>  <p><small>Thanksgiving Day (US)</small></p>	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Chef Demonstration 11:00 Word Search 1:30 Xmas of Swing/ Andrew Sisters*Shawnee 1:30 Adult Coloring 3:30 Hangman & Games</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Special Music -Piano Sounds of Ethel Merman 1:30 Daily Chronicle 2:00 Gospel Music-Special Entertainment 4:00 Trivia</p> 
<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Christian Service 11:00-12:00 Communion 11:15 Hand Massage 1:45 Daily Chronicle 2:00 Treasure Tales 2:45 Hot Chocolate Games on Sun Porch 4:15 Jokes & Riddles</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:30 CHRISTMAS DECORATING HOT CHOCOLATE-COOKIES 4:00 Xmas - Hang Man</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 11:00 Town Meeting 11:00 Jokes & One on One 1:45 Hand & Back Massage 2:30 Fun - Sign Language 3:00 Cocktail Hr.- JR Peterson 4:15 Daily Chronicle</p> 	<p>9:30 Senior Workout 10:00 Senior Fitness 10:45 Daily Chronicle 11:00 Fun Fact of the Day 11:30 Khan's * 1:30 Fresh Air-Walk Outdoor 2:00 Scavenger Hunt 3:00 Easy- Winter Art 6:30 Bingo Hour</p> 	<p>YOU CAN'T BLOOM IN YOUR ROOM...</p> <p>November 2016</p> <p>Communion: Sundays-Tuesdays-Thursday Evenings Silver Swan Store: Tuesday 10:45 Book Mobile: 9th & 23th Therapy Dog Visits: Varied Days</p> 		

Please sign up for Monday, Wednesday and Friday Outings (if interested. * * *) Questions/Concerns Please see Karen, Director of Arts & Entertainment.