

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# SEPTEMBER 2018

## Grace Park, Seniors Living Well *You Can't Bloom in Your Room!*




9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Christian Service**  
**Pastor Barry**  
11-12:00 Polish Nails  
1:45 Treasure Tales- FUN!  
2:30 Bean Bag Toss  
4:00 Board Games

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Outdoor Games**  
**Picnic Outdoors** ☀️  
**1:45 Sip & Craft**  
  
4:00 Scrabble Game  
Labor Day

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9:30 Senior Workout  
10:00 Senior Light Exercise  
10:45 **Craft -Paint**  
  
1:45 True or False-GAME  
**3:00 Cocktail Hr. Len & John**  
4:15 Advanced Brain Game


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9:30 Senior Workout  
10:00 Senior Light Exercise  
10:45 Word Search  
**11:15 Red Robin** ☀️  
1:30 Word Games & Puzzles  
**2:15 Comedy Movie**  
4:00 Hangman

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Uplift-Pastor Barry**  
**1:30 Fun-Food Prep Class**  
**3:00 Afternoon - Variety of Games... Join In!**  
**6:30 Catholic Communion**

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9:30 Senior Workout  
10:00 Senior Light Exercise  
10:45 **Countries of the World ITALY**  
**1:45 Country Ride** ☀️  
**(Surprise STOP)**  
  
2:00 Old Fashioned Movie

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Children's Ministry**  
**1:30 Seniors - Human Body**  
**2:30 Bingo**  
  
4:00 Lord, I'm having a Senior Moment!


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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Christian Service**  
**Pastor Barry**  
11-12:00 Polish Nails  
**1:45 Grandparents Day!!**  
2:30 Afternoon Stretch/Walk  
4:00 Board Games  
Grandparents Day

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Walmart** ☀️  
10:45 Word Search  
**1:45 Sip & Craft**  
  
**1:45 Adult Coloring**  
Rosh Hashanah

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9:30 Senior Workout  
10:00 Senior Light Exercise  
10:45 **Craft -Paint**  
  
1:45 True or False-GAME  
**3:00 Cocktail Hr. Lori & Jim**  
4:15 Advanced Brain Game

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Bible-Pastor McGee**  
**11:30 Perkins** ☀️  
1:30 Word Games & Puzzles  
**2:15 Easy Painting**  
2:15 Adult Coloring  
4:00 Fresh Air-Walking


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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 From the Heart/Marilyn**  
**1:30 Fun-Food Prep Class**  
**3:00 Afternoon - Variety of Games... Join In!**  
**And Bingo**  
**6:30 Catholic Communion**

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 GOOD 'OL MUSIC by BOB HINTON**  
1:45 **Countries of the World Africa**  
3:15 Fresh Lemonade Social  
3:30 All About YOU!  
4:00 Hangman Game

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Hand-Arm Massage**  
**1:30 Seniors - Human Body**  
**2:30 Bingo**  
  
4:00 Lord, I'm having a Senior Moment!


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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Christian Service**  
**Pastor Barry**  
11-12:00 Polish Nails  
1:45 Treasure Tales FUN!  
2:30 Afternoon Stretch/Walk  
4:00 Board Games

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Stroud Mall** ☀️  
10:45 Word Search  
**1:45 Sip & Craft**  
  
**1:45 Adult Coloring**

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9:30 Senior Workout  
10:00 Senior Light Exercise  
10:45 **Craft -Paint**  
  
1:45 Word Search Game  
**3:00 Cocktail Hr. Kathleen K.**  
4:15 Advanced Brain Game  
Yom Kippur

18

9:30 Senior Workout  
10:00 Senior Light Exercise  
**11:15 Olive Garden** ☀️  
1:30 Word Games & Puzzles  
**2:15 Romance Movie**  
2:45 Card Games  
4:00 Fresh Air-Walking

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Uplift-Pastor Barry**  
**1:30 Fun-Food Prep Class**  
**3:00 Afternoon - Variety of Games... Join In!**  
**6:30 Catholic Communion**

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9:30 Senior Workout  
10:00 Senior Light Exercise  
10:45 Art Class with Karen  
  
1:45 **Countries of the World Japan**  
2:30 Award winning Movie!


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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Manicures**  
**1:30 Seniors - Human Body**  
**2:30 Bingo**  
  
4:00 **Autumn Facts**  
Autumn Begins  
Oktoberfest Begins


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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Christian Service**  
**Pastor Barry**  
11-12:00 Polish Nails  
1:45 Treasure Tales FUN!  
2:30 Afternoon Stretch/Walk  
4:00 Board Games

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**9:30 Senior Workout**  
**10:00 Senior Light Exercise**  
10:45 Word Search  
**1:45 The Story on Apples**  
**Kinds of Apples Taste Test**  


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9:30 Senior Workout  
10:00 Senior Light Exercise  
**11:00 Town Meeting**  
**1:45 School Days!**  
  
**3:00 Cocktail Hr. - Danny G..**


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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Mohegan Sun Casino (long day)**  
☀️ See Karen for information  
10:45 Adult Coloring  
1:30 Picture Library  
**2:00 Award Winning Movie**


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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 From the Heart/Marilyn**  
**1:30 Fun-Food Prep Class**  
**3:00 Afternoon - Variety of Games... Join In!**  
**And Bingo**  
**6:30 Catholic Communion**

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9:30 Senior Workout  
10:00 Senior Light Exercise  
10:45 **GOOD 'OL MUSIC by BOB HINTON**  
**1:45 Country Ride** ☀️  
**Homemade Pies**  
  
3:00 Coffee & Pie Social


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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Manicures**  
**1:30 Seniors - Human Body**  
**2:30 Bingo**  
  
4:00 Lord, I'm having a Senior Moment!

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9:30 Senior Workout  
10:00 Senior Light Exercise  
**10:45 Christian Service**  
**Pastor Barry**  
11-12:00 Polish Nails  
1:45 Treasure Tales FUN!  
2:30 Afternoon Stretch/Walk  
4:00 Board Games


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**Birthday Celebration - First Tuesday of the Month**

**Communion, Church Service- Sundays and Tues. a.m. and Thurs. p.m. Communion**

**Grace Park Store- Tuesdays 10:45 -11:30 Pet Therapy- through the Month**



**SIGN UP EARLY FOR ALL OUTINGS ☀️ Questions or Concerns please see Karen Bruch, Director of Arts & Entertainment.**