

# TEEN CAMP DAILY SCHEDULE

**6:30AM**

## FEELING GOOD

Activities for campers vary daily and may include arts & crafts, games or fitness classes.

**7:45AM**

## TRANSITION

**8AM**

## NOT YOUR AVERAGE DAY BEGINS!

**9AM**

## MORNING ASSEMBLY



A time for announcements and energy-building.

**9:15AM**

## TEAM-BUILDING/LEADERSHIP ACTIVITIES

Activities include : Character Development, Inclusion, Diversity and more

**9:30AM**

## MORNING SNACK

**9:45AM**

## LOCAL EXCURSIONS

Trips may include: Local businesses, bowling, pools, historic sites, community organizations, guest speakers and non-profits.

**11:30AM**

## LUNCH & REST



**12:00PM**

## STATIONS

Activities will include: Contests, Projects, Performances, Nutrition, STEM, Outdoor Education, Sports, Recreation, Art

**3PM**

## AFTERNOON SNACK

**3:15PM**

## READING & REFLECTION ACTIVITIES

**3:45PM**

## CLOSING CEREMONIES

Announcements & recognitions.



**4PM**

## COOL DOWN

Activities for campers vary daily and may include arts & crafts, games or yoga/stretching.