

Pocono Mountains Chamber of Commerce  
Stroudsburg, PA

# IMPACT

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*Denise Manhart* - Second Vice Chairman  
*Joseph McDonald* - Treasurer  
*Jamie Keener* - Secretary  
*Daisy Gallagher* - Assistant Secretary  
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*Parviz Alasty* - Vice President, Business Development/Government Affairs  
*Miriam Conway* - Executive Assistant  
*Amber Richardson* - Membership Director

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Bruce Denlinger	Victoria Mavis	Jack Wallie
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# IMPACT

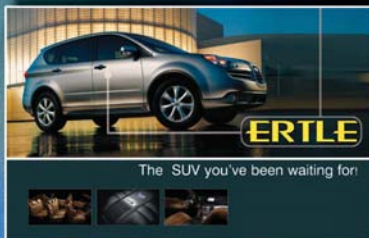
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# IMPACT

Monthly

November 2005 VOL. 34, NO.11

## Pocono Mountains Chamber of Commerce Announces SOLE PROPRIETOR INSURANCE PROGRAM

The Pocono Mountains Chamber of Commerce is pleased to announce our new **Sole Proprietor Insurance Program**. This plan is exclusive to Chamber Members and is designed for sole proprietors. To prove eligibility, a Schedule C must be provided. If you are a new business and do not have a Schedule C, you will need to provide your business license.

- Coverage through Blue Cross of Northeastern Pennsylvania
- No Medical Underwriting is Required
- Dedicated Services Coordinator Available Toll-Free
- Free \$15,000 Life Insurance
- Two Unique Plan Designs
- Competitive Pricing

The Chamber also offers an insurance program for 2 to 50 employees.

For more information about this new program or our existing insurance program, contact Amber Richardson, Membership Director, at the Chamber at 570-421-4433 or email her at [arichardson@poconochamber.net](mailto:arichardson@poconochamber.net).

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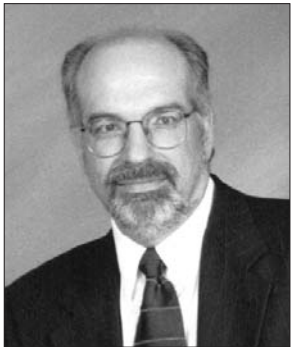
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From the Chairman of the Board



On Wednesday, November 2, 2005, the Pocono Mountains Chamber of Commerce requests the pleasure of your company at our Annual Banquet to honor individuals who have earned our recognition and gratitude for the positive impacts they have made here in Monroe County. The banquet will be held at the beautiful Ridgcrest at Stroudsmoor Country Inn. Please RSVP prior to October 21, 2005 or as soon as possible because I believe this event will sell out very quickly due to the breadth and popularity of our award winners.

This year the Chamber is introducing a brand new award. The new "Chairman's Business Award" will be presented to a local business and their CEO who have demonstrated their commitment to enhancing the quality of life here in the Pocono Mountains. This year sanofi-pasteur and their CEO Mr. Damian Braga will be the honored recipient of the "Chairman's Business Award."

The "Frank Schoelch Community Commitment Award" will be awarded to Dr. Joseph and Dr. Rose Mattioli this year for their continued philanthropic generosity here in Monroe County.

Our "Citizen of the Year" is Chuck Niclaus, owner of Niclaus Engineering, who has volunteered his time and energy to numerous boards and projects over the years.

Dr. Robert Dillman, President of East Stroudsburg University, is the recipient of our "Business Person of the Year" award for his commitment to workforce and economic development and small business development.

Our "Humanitarian of the Year" is an individual who has dedicated her life to families and children here in Monroe County. Johanna Weaver, Executive Director of Pocono Services for Families and Children, is truly deserving of this long overdue honor.

And this year our "Athena Award" winner is Elizabeth Koster, owner of Fitzmaurice Residential Services, for her continued business successes and volunteer efforts here in Monroe County.

I would personally like to congratulate our award winners and encourage all Chamber members to sign up as soon as possible for this banquet celebrating these special individuals.

Call the Chamber office at 421-4433 to register if you have not already received an invitation.

-John Casella,  
Chairman of the Board

November 2005  
Calendar of Events

- November 1.....*Women in Business Steering Committee*  
12:00 noon – PMCC
- November 2.....*New Member Breakfast*  
8:00 a.m. – PMCC
- November 2.....*Annual Banquet*  
6:00 p.m. – *Ridgcrest at Stroudsmoor Country Inn– Stroudsburg*
- November 4.....*Government Affairs Committee*  
8:00 a.m. – *Best Western Pocono Inn – Stroudsburg*
- November 7.....*Business Card Exchange*  
5:00 p.m. – *Alaska Pete’s – Marshalls Creek*
- November 8.....*Women in Business Luncheon*  
12:00 noon – *Legendary Tannersville Inn – Tannersville*
- November 9.....*Transportation Committee*  
8:00 a.m. – PMCC
- November 14.....*Executive Committee*  
8:00 a.m. – PMCC
- November 14.....*Education Committee*  
12:00 noon – *Monroe County Careerlink – Tannersville*
- November 15.....*Small Business Development Committee*  
8:00 a.m. – *Location: TBD*
- November 17.....*Membership/Retention/Ambassadors Committee*  
8:00 a.m. – PMCC
- November 18.....*Monthly Breakfast*  
7:30 a.m. – *Best Western Pocono Inn – Stroudsburg*
- November 22.....*Board of Directors*  
11:00 a.m. – *Best Western Pocono Inn – Stroudsburg*
- November 23.....*Culinary Committee*  
8:00 a.m. – PMCC
- November 28.....*West End Committee*  
8:00 a.m. – *Western Pocono Community Library – Brodheads ville*
- November 28.....*Expo Committee*  
10:00 a.m. – PMCC
- TBA.....*Environmental Committee*
- TBA.....*HR Committee*
- TBA.....*Quality of Life Committee*

Members in the News  
*Continue From page7*

Pocono Mountains Industries was presented with a \$9.7 million Business in Our Sites grant and loan package by Governor Edward G. Rendell at the Pocono Mountains Corporate Center West in Coolbaugh Township. "This is great news for the area," commented Paul Canevari, Chairman of Pocono Mountains Industries. "We are on the verge of achieving the vision for this site that was developed by Monroe 2020, our Board of Directors, and our partners. The Monroe County Commissioners, both present and past, have provided the resources to deliver on the promise of jobs and the opportunity this site offers. Without their support, this project is impossible." Project partner since June of 2004, Arcadia Properties LLC of Bethlehem, is also pleased with the support received for this project. The plan for the business park is to create 3000 to 3500 new jobs in manufacturing, logistics, and technology operations. Companies who can utilize rail and airport services will also be targeted as the park has direct access to both. Pocono Mountains Industries, the Monroe County Industrial Development Authority, and the Pocono Mountains Industrial Park Authority are the economic development organizations dedicated to creating jobs for Monroe County citizens, expanding the county's tax base and attracting new investment.

Pocono Family YMCA Board of Directors, after several intense months of searching, has selected a new Executive Director, Mr. Matthew (Matt) Rumpf. Matt is a graduate of the University of Illinois with a degree in Recreation Management and a minor in Education and has several YMCA certifications. He has served the YMCA organization in various capacities of increasing responsibility for the last eight years, most recently as Senior Program Director at the Stroudsburg YMCA. Tony Konn, President of the YMCA Board of Directors, says there were 13 original applicants and Matt stood out among his peers, many of whom had several years more experience. "It was Matt's enthusiasm, commitment to our community, our customers, staff, and our future that won him the CEO position." According to Rumpf, his first order of business will be to create a highly visible and collaborative environment with the staff, members of the Board of Directors, and the community, as well as explore new avenues



Matthew (Matt) Rumpf



Pictured in front left to right: Donna Asure, Monroe County Commissioner; Chuck Leonard, Executive Director of Pocono Mountains Industries; Governor Edward G. Rendell; Suzanne McCool, Monroe County Commissioner; State Representative Mario Scavello, 176th District.

Pictured in back left to right: Jim Brunozzi, Senator Bob Mellow's Office; Chuck Diacont, Principal of Arcadia Properties LLC and Dennis Yablonsky, Secretary of the Department of Community and Economic Development.

of communications within the YMCA. Rumpf's top two goals will be to challenge his staff to make their programs the best in the area and to look for a Volunteer Coordinator to continue growing one of the most valuable assets to the YMCA, its volunteers. Rumpf, who has already started working in his new position is married to Lisa, a banker, and has two children, Justin (14) and Joshua (3).

Solid Cactus announces the addition of three new team members to meet the growing demand of the sales and support operations of the company's Web site design business. Bryan Banks and Brian Emershaw joined Solid Cactus as e-Commerce Consultants. In this capacity, they are the direct point-of-contact for clients who currently have a project in development. Their main role is to continually update clients on work status, make design and programming recommendations, and to make sure that the customer has a 100% satisfactory experience with Solid Cactus. Michael Shales joined Solid Cactus as a Solutions Advisor. In this capacity, he is responsible for working with clients ranging from small start-ups to Fortune 500 companies looking to start an e-commerce business or grow their existing one. His main role is to learn about the client's business, analyze their needs, and propose a solution that best fits their budget and their objectives.

Women in Business Luncheon

The October Women in Business Luncheon, which was sponsored by Teri O'Brien of Pocono Parent, was held at the Chateau Resort & Conference Center. The highlight was a Judges' Forum that featured candidates Jonathan Mark, Jennifer Wise, and Arthur Zulick. The November luncheon, to be sponsored by Catherine Schratt of Cate Jewelry and Vivian Vance of Griswold Special Care, will be held at the Legendary Tannersville Inn in Tannersville. The featured topic will be "Hair Solutions" to be presented by Linda Seliger and Ginny Magda of Hair Alternatives.

For more information on future WIB luncheons, to donate a door prize, or to sponsor a luncheon, please contact Miriam Conway at (570) 421-4433.



left to right- Jonathan Mark, Honorable Arthur Zulick, Dorota Kozak, Jennifer Wise, Teri O'Brien



# New Member’s Breakfast

**A Bookkeeper 4 U, LLC** provides professional bookkeeping services for small businesses throughout Monroe County. They create books from scratch, update them periodically, or manage your books full-time. They can be reached at (866) 446-7557.

**LaVina Restaurant** is one of the finest Italian and Spanish restaurants in the Poconos. LaVina serves their famous paella and homemade sangria margaritas on a daily basis. They are located on 715 in Reeders, and their phone number is (570) 629-1210. Stop by and see them today.

**Achieve Business Solutions** provides end-to-end management coaching and consulting, from strategy planning through execution. They have both the desire and the skills to get your business back on track. Give them a call at (973) 940-2020.

**Hayward Laboratories** is a contract manufacturing and packaging company for health and beauty aid products. Hayward uses the most cocoa butter in non-food production. Know the brand name of "Palmers?" All Palmers products are manufactured at Hayward Labs in East Stroudsburg off Route 447 North. Their phone number is (570) 424-9512.

**Park Avenue Realtors** is a full-service real estate agency located in Stroudsburg. They can assist you with finding a first home, relocations, and vacation homes. They are located at 217 Park Avenue and their phone number is (570) 424-8966. Stop by or give them a call today.

**Apple Tree Home Building and Remodeling** specializes in both custom building and remodeling of homes. There is no job too small for Apple Tree. They are ready and willing to help you turn your home into your "dream home." They can be reached at (570) 672-9733.

**Ethixa Solutions, LLC** provides IT solutions to both the public and private sectors. They specialize in Microsoft.net development software and systems. Let them help you today. They can be reached at (610) 871-3734.

**Grace Park Seniors Living Well** is an 84-unit senior community. Sixty units are assisted living units and 24 are independent living units. The full-service first phase of 22 assisted living units opened in the fall of 2005. They are located in Stroudsburg on 1170 West Main Street. Their phone number is (570) 424-8166.

**Star Treatment Day Spa & Boutique** was created to enhance the lifestyle of the time-starved individual by offering a selection of high quality, indulgent, and innovative spa services and beauty products. Their staff is highly trained in performing facials, waxing, massage, body treatments, nails, and makeup artistry. They also do spa parties and special event planning with spa services. Their address is 7400 Route 611, Suite 12 in Stroudsburg. They can be reached at (570) 420-1680. Stop by or give them a call today.

## SPONSORSHIPS AVAILABLE

Sponsorships are available for 2006. If you are interested, please contact Patricia Metzgar, V.P. of Operations/Development at the Chamber at 570-421-4433. Be sure to take advantage of this chance to promote your business.

# Membership Anniversaries

## 20 Years

Aspen Quality Homes Co.  
Ertle Volvo-Subaru Kia Suzuki  
Sky Lanes Bowling Alley  
Stroudsmoor Country Inn

## 15 Years

Riverside Rehabilitation Center

## 10 Years

Debi Cope Associates  
KNBT  
Pennstar Bank  
PPL Gas Utilities

## 5 Years

Arsha Vidya Gurukulam  
Boucher & James, Inc.  
Chrin Hauling, Inc.  
Frank C. Revitt, CPA

***Congratulations!***

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800-695-1371

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ROUTE 209 & 115  
BRODHEADSVILLE, PA 18322  
570-992-4827  
800-891-2317

# October Monthly Breakfast

The September Monthly Breakfast, sponsored by Allstate Insurance, was held at the beautiful Stroudsmoor Country Inn. Bruce Denlinger introduced A.J. Healy of Allstate, who spoke about the full spectrum of insurance benefits that Allstate offers its customers. This includes, but is not limited to, home, auto, term life, universal life, disability, accident, cancer, and critical illness insurances. Allstate offers insurance programs for individuals as well as workplace insurance.

Bruce Denlinger introduced the special program, The Salvation Army. Captain Tom Babbitt spoke on their behalf. The Salvation Army is located at 226 Washington Street in East Stroudsburg. Since the opening of their shelter and food bank four years ago, The Salvation Army has raised \$1.2 million for the community. They have a daily feeding program, food pantry, emergency assistance for clothing, and energy assistance. The Salvation Army has received \$27,000 in donations for Hurricane Katrina relief efforts, and has been sending weekly checks to aide in the rebuilding of the south.

Ms. Peggy Berger, Housing Authority of Monroe County, won the 50/50 drawing, which she donated to The Salvation Army.



*left to right-- Captain Tom Babbitt, A.J. Healey, Bruce Denlinger, Robert Phillips, IOM.*

# October Business Card Exchange

Wild Pines Golf Club in Pocono Pines hosted October's Business Card Exchange. All in attendance enjoyed delicious hors d'oeuvres as well as great networking. Wild Pines has a beautiful clubhouse and the fall foliage was a sight to see. We would like to thank our friends at Wild Pines Golf Club for helping us to launch another successful event.



# Ribbon Cuttings

## Mitchell Group, Inc., Allstate Insurance Company

**Mitchell K. Marcus**, Allstate Insurance Company held a grand opening celebration and a ribbon cutting ceremony on October 6. Mitchell Marcus is fully equipped to help with all of your insurance needs including auto, homeowners, business, financial services, and life and health annuities. They are located at 11 South 6th Street, and their phone number is (570) 421-7752. Stop by or give them a call today!



# The UPS Store

**The UPS Store** in Mt. Pocono celebrated their grand opening celebration on September 17. Grand opening activities included giveaways, prizes, and a balloon release. The UPS Store offers a wide array of services including shipping, packaging, mailboxes, document services, and notary services. They are located at 413 Route 940 in Mt. Pocono and their phone number is (570) 839-8010. Stop by today and let them start working for you!





# From the President



On Saturday, September 24, the Chamber conducted a workshop called "DOING BUSINESS WITH THE COMMONWEALTH OF PA" for women and minority business owners for the third time this year, and for the third time the business owners' response was overwhelming. This fabulous workshop was made even more exciting by the attendance of Senator Patrick Browne who delivered a welcoming and encouraging speech to the crowd of 54 participants, representing 29 businesses from all over the region. The workshop was held at the Western Pocono Community Library in the West End.

Some of the topics discussed were: Become certified as a woman or minority owned business; Learn the benefits of Pennsylvania certification and how to use this valuable marketing tool; Learn about Commonwealth purchasing procedures; Discover which State agencies need what you sell and how to market your business directly to them; Know where to find bid opportunities online and find out about other resources available to your small business.

Let me take this opportunity to congratulate all the business owners and thank Senator Patrick Browne for taking time from his extremely busy schedule to attend the seminar and share his vision for our county. Also, I would like to thank the presenters, Curtis Burwell, Business Enterprise Analyst for the Bureau of Minority & Women Business Opportunities and Bill Skinner of Action International for outstanding presentations.

-Robert Phillips, IOM

**PMCC MISSION STATEMENT**  
Act as  
A Unified Voice of Business  
dedicated to the Prosperity of all Commerce  
leading to the Enhancement of the  
Quality of Life  
in our region and surrounding areas.

# Member's in the News

**CENTURY 21 Select Group** is pleased to announce that Napoleon Villalta has joined its firm as a sales associate. He will specialize in residential sales in the Western Poconos. Villalta has extensive experience in real estate, having been a New Jersey Realtor for almost 20 years. Mr. Villalta is fluent in Spanish, Portuguese and English.



*Napoleon Villalta- Century 21 Select Group*

The **East Stroudsburg University of Pennsylvania** Center for Research and Economic Development will sponsor a free HUBZone (Historically Underutilized Business Zone) Workshop on Thursday November 17th from 8:30 a.m. to 12:00 noon in the Ahnert Alumni Center Community Room, located on Smith and Mary Streets in East Stroudsburg. The program is sponsored by ESU and the Procurement Technical Assistance Center (PTAC) at the Northeastern Pennsylvania Alliance. The Historically Underutilized Business Zone (HUBZone) Empowerment Contracting Program, administered through the Small Business Administration (SBA) improves procurement opportunities for businesses located in economically distressed areas. Monroe County businesses interested in learning about the HUBZone Program and benefits should plan to attend the event. For more information, contact David Kern, NEPA, 1151 Oak Street, Pittston, PA., 18640, at (570) 655-5581 or Mary Frances Postupack, ESU CFRED at (570) 422-7920.

**East Stroudsburg University of Pennsylvania** will hold a series of lectures titled "How to Remain Healthy in A Sick World: The Challenges of Integral Health in the 21st Century," on September 27 and 29, October 4, November 29, and December 1 from 7:00 p.m. to 8:30 p.m. Dr. Peter Roche de Coppens, retired ESU professor of sociology of 35 years and author of more than 45 books and articles on topics related to sociology and spirituality will deliver the lectures as part of his series titled, "The ESU Essential Encounters." The lectures, to be held in Stroud Hall, are open to the general public at no cost. He also taught at the Sorbonne University in Paris as well as in various others universities and was a spiritual consultant for the United Nations for many years. He is currently teaching at McGill University in Canada, and continues his work with medical doctors of GUNA. For more information about Dr. Roche de Coppens' lecture series or for special accommodations, please contact him at (570) 422-3276.

**East Stroudsburg University of Pennsylvania** has named Vincent Dent of Bushkill interim director of development. Dent is responsible for managing the university's comprehensive development operation. His office oversees Advancement Services, Annual Giving, Major/Planned Giving, Database Administration, and Stewardship/Donor Relations. Dent succeeds Carolyn Bolt, who was named interim assistant to the university president in July. With more than 13 years of experience in fund development, Dent earned his juris doctor in 1983 from the University of Detroit - Mercy School of Law. East Stroudsburg University of Pennsylvania, founded in 1893, is one of 14 universities in the Pennsylvania State System of Higher Education. The university enrolls more than 6,600 students and offers more than 60 undergraduate degree programs and 20 graduate programs.

**East Stroudsburg University of Pennsylvania** is now offering courses in Italian in order to accommodate increasing demand from students and the public - and classes are already packed. The Italian language courses filled up the second day of registration last spring. "The interest

in Italian is motivated by several factors, among which are the following: an interest by first-generation college students from an Italian-American background to connect with their past; increased awareness and interest in Italian culture (art, music, design, etc.); and the fact that more Americans of modest means have the opportunity to travel to Europe," said Dr. Ralph M. Vitello, chair of the ESU Department of Foreign Languages and associate professor of French. The Foreign Languages Department has also offered, with great success, Latin, Japanese, Chinese and Portuguese as part of an ongoing effort to assess student interest in some of the less commonly taught languages. Interested parties may contact the department at (570) 422-3407 for schedules and further information.

**East Stroudsburg University of Pennsylvania's** Fine and Performing Arts Center will pay tribute to legendary jazz greats Al Cohn and Zoot Sims on Saturday, November 5. Renowned musicians from across the country will join forces during "Jazz Jubilee 2005: A Salute to Al and Zoot." The day-long festivities, which include a panel discussion and afternoon and evening concerts, will mark what would have been the 80th birthdays of these beloved musicians whose musical partnership and friendship spanned almost four decades. The afternoon (2 p.m.) and evening (8 p.m.) concerts both have equally impressive lineups so be sure to arrive early to ensure your entrance, or call ahead for tickets. The panel discussion is open to the general public at no cost. Tickets for the afternoon and evening concerts are \$25 per person, or individuals may purchase a combo ticket for both shows for \$45. For more information, call (570) 422-3828 or visit [www.esu.edu/jazzjubilee](http://www.esu.edu/jazzjubilee). All proceeds will benefit the Al Cohn Memorial Jazz Collection at ESU's Kemp Library.

**East Stroudsburg University of Pennsylvania's** chemical biotechnology program is now guaranteeing qualified biotechnology graduates from Northampton Community College (NCC) admission with advanced standing, under an agreement recently signed by the two institutions. Students who earn an associate in applied science degree with an overall GPA of 2.75 or better may enter ESU as juniors and be able to complete a bachelor's degree with two more years of study. In response to industry needs and student interest in biotechnology, NCC and ESU have been working with the our four major local school districts, as well as the Monroe Career and Technical Institute to develop this "pathway" which will ensure students a smooth transition from high school through employment. The cooperative effort is being funded by a Workforce Leadership grant from the Pennsylvania Department of Community and Economic Development. For more information about the 2+2+2 pathway and Monroe County's DCED grant, contact Cindy Adams, the biotechnology project director at NCC, at (570) 688-2494.

**East Stroudsburg University of Pennsylvania** will be offering a new course in Italian-American literature this spring which will cut through the myth that most Italian-Americans are connected to crime. The course will demonstrate the impressive contributions many have made to literature. The course, entitled "English 196: Italian-American Literature" will be offered at 5:40-6:55 p.m. on Mondays and Wednesdays and taught by Dr. Fred Misurella, professor of English at ESU. An Italian-American writer himself, ESU Professor of English, Dr. Fred Misurella has had a long-time interest in teaching Italian-American literature.

The **East Stroudsburg University of Pennsylvania** Council of Trustees will meet in regular session on Thursday, November 3, at 4 p.m. in the Reibman Hall Boardroom. Other committee meetings also being held on Nov. 3 in Reibman Hall, 200 Prospect Street, unless otherwise noted are as follows: 1 p.m. - Student Affairs in the Office of Student Affairs; 2 p.m. - Development in the Office of University

Advancement, Alumni Center, Multi-Purpose Room; 2:30 p.m. - Community and Press Relations in the Office of University Relations, G-8; 3 p.m. - Finance and Administration in the Office of Finance and Administration, Room 103; 3 p.m. - Academic Affairs in the Office of Academic Affairs.

**East Stroudsburg University of Pennsylvania's** Office of Admission will hold its annual open house for prospective students and their families on Saturday, November 12, 2005 at 9:00 a.m. in Koehler Field House. "This is an opportunity for prospective students and families to get a proper introduction to the university," said Jennifer Serowick, Associate Director of Admission. According to Serowick, about 2000 people are expected to attend the open house. The schedule will include an Opening Session, a General Session, two Teacher Education Sessions, Departmental Presentations, a Financial Aid Presentation or Student Life Presentation, a Transfer Student Presentation, and Lunch (\$5.85 per person). Guided one hour Campus Tours will be conducted throughout the day. Residence Hall Tours will be held on a drop-in basis from 11:00 a.m. to 2:30 p.m. Please note that the schedule above is subject to change. Reservations are required and there is no cost to attend. For more information, call ESU's Office of Admission at (570) 422-3542 or toll free at (877) 230-5547.

**Griswold Special Care** is sponsoring a workshop titled "Skin Cancer Awareness," at Mrs. Bush's Personal Care Home in Kunkletown on Wednesday, November 16 at 2pm. Valerie A. Bell, RN, of the PA Department of Health will discuss Sun-safe Practices, and demonstrate how to do a self skin exam. The presentation is free, and all are welcome to attend, however registration is necessary. Please call (570) 424-7678 for more information and directions. Griswold Special Care is the world's oldest multi-national non-medical home care company.

*Continued on page 9*

# Quality Of Life Committee Hosts Senior Outing



The Quality of Life Committee held their annual Senior Outing on September 27, 2005. Approximately 25 seniors from Mrs. Bush's Personal Care Home and Getz Personal Care Home enjoyed a fine day which included shopping at Odd-Lot Outlet and a tasty lunch at Stroudsmoor Country Inn. We would like to extend our deepest appreciation to Stroudsmoor Country Inn for sponsoring the luncheon and Odd-Lot Outlet for giving each person a voucher to shop.

# Welcome New Members

The following new members are not listed in the 2005 Membership Directory & Buyer’s Guide. Please be sure to add this page to your copy of the Directory.

**A Bookkeeper 4 U, LLC.**  
Michelle Chappelle  
2204 Juliet Road  
Tobyhanna, PA 18466  
866-446-7557  
866-446-7557  
mchappelle@abk4u.com  
www.abk4u.com  
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Mr. Bryan Harvey  
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P.O. Box 1030  
Brodheadsville, PA 18322  
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610-871-0094  
sales@ethixa.com  
www.ethixa.com  
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570-424-9512  
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khinkey@etbrowne.com  
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**Michaels Jewelry**  
Roni Kantar  
731 Main Street  
Stroudsburg, PA 18360  
570-426-1961  
JEWELERS

**Spray Foam Insulators**  
Terry Demers  
RR 3 Box 3362C  
Stroudsburg, PA 18360  
570-629-5090  
570-629-6808  
tdemers@ptd.net  
CONTRACTORS-INSULATION

**Star Treatment Day Spa and Boutique**  
Yolanda Sessoms-Jones  
7400 Route 611, Suite 12  
Stroudsburg, PA 18360  
570-420-1680  
570-420-8780  
star-treatment@verizon.net  
www.startreatmentinc.com  
SPA

**Stroud Beauty Supply**  
Marcia and Victor Sanks  
1120 North 9th Street  
Stroudsburg, PA 18360  
570-420-1965  
570-420-1174  
www.stroudbeautysupply.com  
BEAUTY SUPPLIES

**Switzerland Old World Gifts**  
Joseph C. Cilea  
Route 611  
RR1 Box 377  
Tannersville, PA 18372  
570-620-2003  
570-620-1868  
GIFT SHOPS

**The UPS Store**  
David and Danielle Novick  
413 Route 940  
Mount Pocono, PA 18344  
570-839-8010  
570-839-8020  
store5501@theupsstore.com  
www.theupsstore.com  
SHIPPING SERVICE

**Achieve Business Solutions**  
Marcy Turkington  
110 Birch Drive  
Newton, NJ 07860  
973-940-2020  
973-300-1386  
marcy\_turkington@hotmail.com  
www.achievebizsolutions.com  
CONSULTANTS-MANAGEMENT

**Family Restoration Co., Inc.**  
Luis A. Goaman  
429 A. North Courtland Street  
E. Stroudsburg, PA 18301  
570-420-9520  
570-420-8131  
famroof@ptd.net  
www.familyroofers.com  
CONTRACTORS-ROOFING

**La Vina**  
Mario Bermeo  
715 South, Reeders, PA  
RR3 Box 3361  
Stroudsburg, PA 18360  
570-629-1210  
570-629-1244  
mariobermeo1@yahoo.com  
RESTAURANTS

**Northeast Salons, Inc.**  
Malcolm Bonawits  
153 Sterling Road  
Mount Pocono, PA 18344  
570-839-9399  
570-839-9354  
malcolmshec@enter.net  
BEAUTY SALONS-SPA

**Appletree Home Building and Remodeling**  
Simeon T. Pappas  
131 Highview Lane  
Effort, PA 18330  
570-619-7533  
570-629-5111  
simeonpappas@epix.net  
BUILDERS

**Fitzpatricks**  
Paula and Alan Glynn  
538 Main Street  
Stroudsburg, PA 18360  
570-424-5455  
GIFT SHOPS

**Frame Factory**  
Alan D. Rosenblum  
136 A North 9th Street  
Stroudsburg, PA 18360  
570-421-2960  
frame\_factory@verizon.net  
ART GALLERIES-FRAMING

**Park Avenue Realtors**  
Jean M. Lynch  
217 Park Avenue  
Stroudsburg, PA 18360  
570-424-8966  
570-424-2416  
info@parkavenuerealty.net  
www.parkaveunerealty.net  
REAL ESTATE

**GRACE PARK Seniors Living Well**  
George Loudon  
1170 West Main Street  
Stroudsburg, PA 18360  
570-424-8166  
570-424-8466  
ASSISTED LIVING

**Blimpie Subs and Salads**  
Ramon Melendez  
572 Main Street  
Stroudsburg, PA 18360  
570-420-1810  
570-420-1820  
stroudblimpie@aol.com  
www.blimpie.com  
RESTAURANTS