

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  <h1>September 2021</h1> <p>GRACE PARK Seniors Living Well...</p> <p>6 FEET APART & MOST ACTIVITIES WILL BE HELD OUTDOORS!!!</p> | | | <p>9:30 Exercise 1</p> <p>10:15 Stencil Demonstration </p> <p>1:30 Dominoes/Checkers or Scrabble Game</p> <p>3:00 Walk Outdoors Signs of Fall</p> <p>3:30 Polish Nails</p> | <p>9:30 Sun Porch Fun! 2</p> <p>10:00 A.M. Trivia</p> <p>10:30 Senior Fit Club</p> <p>1:30 Learn - Art Class </p> <p>3:30 Travel With Me!</p> <p>4:00 Days of Our Lives (Not a Soap Opera) 😊</p> | <p>9:30 Stretch to the Music 3</p> <p>10:15 Honey & Crackers</p> <p>10:30 Adult Coloring – Bee </p> <p>1:30 Bee Trivia</p> <p>2:00 MOVIE</p> <p>3:45 Hangman</p> | <p>9:00 One on One 4</p> <p>9:30 Easy Exercise</p> <p>10:15 Solo-Word Games</p> <p>1:45 Bingo </p> <p>3:00 Movie</p> |
| <p>9:00 Giving Thanks... 5</p> <p>9:30 Morning Stretches & Outdoor Walk</p> <p>10:00 A.M. Movie</p> <p>1:30 Table Games</p> <p>2:30 Songs of the Past</p> <p>4:00 Big Board Game</p> | <p>9:30 Morning Stretches 6</p> <p>Celebrating Labor Day!</p> <p>10:00 Facts on Labor Day & Achievements of American Workers</p> <p>2:30 Big Board Game</p> <p>3:00 Cranberry Fizz</p> <p><small>Labor Day Rosh Hashanah Begins</small></p> | <p>9:30 Exercise 7</p> <p>10:45 Uplift</p> <p>1:45 NEW! FIT & FIESTY</p> <p>3:00 Music & fun...L/J </p> | <p>9:30 Exercise 8</p> <p>10:00 Food Prep & Taste</p> <p>10:15 Buck Shot Game</p> <p>1:30 Insect Trivia</p> <p>2:00 Painting Insect Art</p> <p>3:30 Specialty Drink & Flavored Pretzels</p> <p>4:00 Polish Nails</p> | <p>9:30 Sun Porch Fun! 9</p> <p>10:00 A.M. Trivia</p> <p>10:30 Senior Fit Club</p> <p>1:45 Bingo</p> <p>2:45 Brain Puzzles</p> <p>3:15 Travel With Me!</p> <p>4:00 Bold and the Beautiful (Not a Soap Opera) 😊</p> | <p>9:30 Stretches-Balance 10</p> <p>10:15 Famous Models</p> <p>1:30 Big Board Game</p> <p>3:00 Cocktail Hour Johnny K </p> | <p>9:00 One on One 11</p> <p>9:30 Easy Exercise</p> <p>10:15 Solo-Word Games</p> <p>1:45 Bingo </p> <p>3:00 Movie</p> |
| <p>9:00 Story of Angels 12</p> <p>9:30 Morning Stretches & Outdoor Walk</p> <p>10:00 A.M. Movie</p> <p>3:30 Grandparents Day Social</p> <p><small>Grandparents Day</small></p> | <p>9:30 Morning Stretches 13</p> <p>10:15 Trivia</p> <p>1:45 Advanced Art</p> <p>3:30 Milkshakes & Getting to Know You</p> <p>4:00 Big Board Game What am I drawing</p> | <p>9:30 Zumba-Danny 14</p> <p>10:30 SPORTS DAY!</p> <p>Interesting FACTS</p> <p>1:45 Movie/Sport Related</p> <p>2:00 One on Ones</p> <p>4:00 Story-Memories Babe Ruth – Tug McGraw</p> <p><small>Yom Kippur Begins</small></p> | <p>9:30 Exercise 15</p> <p>10:00 Decorating Cookies</p> <p>10:30 Social Gathering</p> <p>2:00 Easy Butterfly Art</p> <p>3:15 Peanut Butter/Jelly Crackers/Choc. Milk</p> <p>4:00 Hand Massage</p> <p></p> <p>3:00 Autumn Apple Cider and Cookie <small>Autumn Begins</small></p> | <p>9:30 Sun Porch Fun! 16</p> <p>10:00 A.M. Trivia</p> <p>10:30 Senior Fit Club</p> <p>1:30 Entertain Past time</p> <p>2:00 Cocktail Hr. Tom D </p> <p>4:00 One Life to Live (Not a Soap Opera) 😊</p> | <p>9:30 Stretch to the Music 17</p> <p>10:15 True or False</p> <p>12:00 Mystery Luncheon? * at GP with Karen & Nan</p> <p>3:00 Big Board Game</p> <p>4:00 Joke of the Day Bring a Joke!</p> | <p>9:00 One on One 18</p> <p>9:30 Easy Exercise</p> <p>10:15 Solo-Word Games</p> <p>1:45 Bingo </p> <p>3:00 Movie <small>Oktoberfest Begins</small></p> |
| <p>9:00 Story of Jesus 19</p> <p>9:30 Morning Stretches & Outdoor Walk</p> <p>10:00 A.M. Movie</p> <p>2:30 Show and Tell</p> <p>4:00 Hangman</p> | <p>9:30 Morning Stretches 20</p> <p>10:15 Easy Art Class</p> <p>1:45 Advanced Art</p> <p>3:30 Milkshakes & Getting to Know You</p> <p>4:00 Big Board Game What am I drawing</p> <p><small>Sukkot Begins</small></p> | <p>9:30 Senior Fitness 21</p> <p>10:45 Uplift</p> <p>1:30 Easy Art</p> <p>3:30 Hand Massage</p> <p>4:00 Story – Memories 1950s 1960s</p> | <p>9:30 Exercise 22</p> <p>10:15 Fall Apples</p> <p>1:30 EASY ladybug Art </p> <p>3:00 Autumn Apple Cider and Cookie <small>Autumn Begins</small></p> | <p>9:30 Sun Porch Fun! 23</p> <p>10:00 A.M. Trivia</p> <p>10:30 Senior Fit Club</p> <p>1:45 Scrabble or Card Games</p> <p>3:30 Search for Tomorrow (Not a Soap Opera) 😊</p> | <p>9:30 Stretches-Balance 24</p> <p>10:15 Famous Actors</p> <p>1:30 Big Board Game</p> <p>3:00 Cocktail Hour Lisa D. </p> | <p>9:00 One on One 25</p> <p>9:30 Easy Exercise</p> <p>10:15 Solo-Word Games</p> <p>1:45 Bingo </p> <p>3:00 Movie</p> |
| <p>9:00 Prayers for You 26</p> <p>9:30 Morning Stretches & Outdoor Walk</p> <p>10:00 A.M. Movie</p> <p>2:30 Stars of the Past</p> <p>4:00 Big Board Game</p> | <p>9:30 Morning Stretches 27</p> <p>10:15 Brain Games</p> <p>1:45 Show and Tell</p> <p>2:30 Creative Coloring</p> <p>3:00 Ice Cream </p> | <p>9:30 Senior Fitness 28</p> <p>10:15 TOWN HALL Meeting for all Residents</p> <p>1:45 Bingo </p> <p>3:30 Hand Massage</p> <p><small>Simchat Torah Begins</small></p> | <p>9:30 Exercise 29</p> <p>10:00 Food Prep & Taste</p> <p>1:30 Advanced Apple Art </p> <p>3:15 Apple Juice & Apple Fritter</p> | <p>9:30 Sun Porch Fun! 30</p> <p>10:00 A.M. Trivia</p> <p>10:30 Senior Fit Club</p> <p>1:30 Art Class</p> <p>3:30 Wine Spritzers</p> <p>4:00 The Young & the Restless (Not a Soap Opera) 😊</p> | <p>MUST SIGN UP IF YOU WOULD LIKE TO ATTEND* (Luncheons have a cost)</p> <p>ACTIVITIES MAY CHANGE AT THE DESCRETION OF THE ARTS & ENTERTAINMENT DIRECTOR</p>  | |

Questions or Concerns please see Karen Bruch Director of Arts & Entertainment