

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>December 2020 Having a "Suite" Holiday at my Gables!</p>		<p>10:00 Morning Meetup/Chronicles 1 10:15 Exercise 10:45 Hangman 1:30 One on Ones 2:30 Arts and Crafts: Door Hangers/Centerpieces 3:30 Healthy Living: Peppermint Oil 4:00 Fireside Social: Nutcracker Trivia 6:00 Broadway at Gables: The Nutcracker <i>*Holiday Decoration Day*</i></p>	<p>10:00 Morning Meetup/Chronicles 2 10:15 Exercise 10:45 Boggle 1:30 One on Ones 2:00 Country Cooking Gingerbread Cheesecake Dip 2:30 Documentary: Christmas in the 60's 3:30 BINGO 4:00 Daily Reflection</p>	<p>10:00 Morning Meetup/Chronicles 3 10:15 Exercise 10:45 Buy a Vowel 1:30 One on Ones 2:00 Gable's Spa: Manicures 3:30 Wine and Cheese Social 4:00 Daily Reflection 5:00 Reading with Renata</p>	<p>10:00 Morning Meetup/Chronicles 4 10:15 Exercise 10:45 Name 7 11:00 Coffee House: A Reading of The Nutcracker 1:30 One on Ones 2:00 Spanish with Sara 2:30 Movie Matinee: The Christmas Candle</p>	<p>10:00 Morning Meetup/Chronicles 5 10:15 Exercise 10:45 Pictionary 1:30 One on Ones 2:00 BINGO 2:45 Mobile Cart 3:15 Fireside Social: Take a Guess 3:45 Adult Coloring: Lighting</p>
<p>10:00 Morning Meetup/Chronicles 6 10:15 Exercise 10:45 Headsup 1:30 One on Ones 2:00 Crossword Puzzle/Games 2:45 Art 101: Hanukkah Banners 3:15 Gable Games: Bowling 3:45 Table Games</p>	<p>10:00 Morning Meetup/Chronicles 7 10:15 Exercise 10:45 Name 7 1:30 One on Ones 2:30 Music Therapy: Christmas Music Bingo 3:00 Gable's Spa: Sugar Plum Lotion 3:30 Bible Study: Hanukkah 4:00 Tea and Times: Monthly Gazette</p>	<p>10:00 Morning Meetup/Chronicles 8 10:15 Exercise 10:45 Name 7 1:30 One on Ones 2:30 Arts and Crafts: Paint and Sip: Sugar Plum Fairy 3:00 Creative Writing Holiday Madlibs 3:30 Healthy Living: Winter Hydration 4:00 Fireside Social: December Trivia 4:15 Daily Reflection</p>	<p>10:00 Morning Meetup/Chronicles 9 10:15 Exercise 10:45 Hangman 1:30 One on Ones 2:00 Hydration Station Hot Cocoa Bar 2:30 Documentary: Christmas in the 70's 3:30 BINGO 4:00 Daily Reflection</p>	<p>10:00 Morning Meetup/Chronicles 10 10:15 Exercise 10:45 Buy a Vowel 1:30 One on Ones 2:00 Gable's Spa: Manicures 3:30 Wine and Cheese Social 4:00 Daily Reflection 5:00 Reading with Renata Hanukkah Begins</p>	<p>10:00 Morning Meetup/Chronicles 11 10:15 Exercise 10:45 Name 7 11:00 Coffee House: Holiday Poetry 1:30 One on Ones 2:00 Spanish with Sara 2:30 Movie Matinee: White Christmas</p>	<p>10:00 Morning Meetup/Chronicles 12 10:15 Exercise 10:45 Charades 1:30 One on Ones 2:00 BINGO 2:45 Holiday Card Making 3:15 Fireside Social Did you Know? 3:45 Adult Coloring: Free Color</p>
<p>10:00 Morning Meetup/Chronicles 13 10:15 Exercise 10:45 Pictionary 1:30 One on Ones 2:00 Crossword Puzzle/Games 2:45 Art 101: Reindeer Ornaments 3:15 Gable Games: Bean Bag Toss 3:45 Table Games</p>	<p>10:00 Morning Meetup/Chronicles 14 10:15 Exercise 10:45 Headsup 1:30 One on Ones 2:30 Art Therapy: A Gift To Yourself 3:00 Gable's Spa: Hand Massages 3:30 Bible Study: The Shepherds 4:00 Tea and Times: Good News 4:15 Daily Reflection</p>	<p>10:00 Morning Meetup/Chronicles 15 10:15 Exercise 10:45 Hangman 1:30 One on Ones 2:30 Arts and Crafts: Music Angels 3:00 Creative Writing: Holiday Haikus 3:30 Healthy Living: Mother Ginger 4:00 Fireside Social: Rockette Fun Facts 6:00 Broadway at Gables- Rockette's</p>	<p>10:00 Morning Meetup/Chronicles 16 10:15 Exercise 10:45 Memory 1:30 One on Ones 2:00 Country Cooking Peppermint Bark 2:30 Documentary: Christmas in the 80's 3:30 BINGO 4:00 Daily Reflection</p>	<p>10:00 Morning Meetup/Chronicles 17 10:15 Exercise 10:45 Buy a Vowel 1:30 One on Ones 2:00 Gable's Spa: Manicures 3:30 Wine and Cheese Social 4:00 Daily Reflection 5:00 Reading with Renata</p>	<p>10:00 Morning Meetup/Chronicles 18 10:15 Exercise 10:45 Name 7 11:00 Coffee House: The Night Before Christmas 1:30 One on Ones 2:00 Spanish with Sara 2:30 Movie Matinee: The Christmas Lodge</p>	<p>10:00 Morning Meetup/Chronicles 19 10:15 Exercise 10:45 Charades 1:30 One on Ones 2:00 BINGO 2:45 Mobile Cart 3:15 Fireside Social Picture Circle? 3:45 Adult Coloring: Mixing Colors/Shading</p>
<p>10:00 Morning Meetup/Chronicles 20 10:15 Exercise 10:45 Charades 1:30 One on Ones 2:00 Crossword Puzzle/Games 2:45 Art 101: Yarn Christmas Trees 3:15 Gable Games Parachute 3:45 Table Games</p>	<p>10:00 Morning Meetup/Chronicles 21 10:15 Exercise 10:45 Name 7 1:30 One on Ones 2:30 Music Therapy: Jingle Bells 3:00 Gable's Spa: Candy Cane Gloss 3:30 Bible Study: The Angels 4:00 Tea and Times: Snapchat Winter Begins</p>	<p>10:00 Morning Meetup/Chronicles 22 10:15 Exercise 10:45 Hangman 1:30 One on Ones 2:30 Arts and Crafts: Paint and Sip: Christmas Tree 3:00 Creative Writing: Monthly Reflections 3:30 Healthy Living: 12 Tips of Christmas 4:00 Fireside Social: Christmas Facts</p>	<p>10:00 Morning Meetup/Chronicles 23 10:15 Exercise 10:45 Name 7 1:30 One on Ones 2:00 Town Hall Meeting 2:00 Country Cooking Marzipan Bites 3:30 BINGO 4:00 Daily Reflection</p>	<p>10:00 Morning Meetup/Chronicles 24 10:15 Exercise 10:45 Buy a Vowel 1:30 One on Ones 2:00 Gable's Spa: Manicures 3:30 Wine and Cheese Social 4:00 Daily Reflection 5:00 Reading with Renata</p>	<p>10:00 Morning Meetup/Chronicles 25 10:15 Exercise 10:45 Name 7 11:00 Coffee House: Christmas Poetry 1:30 One on Ones 2:00 Spanish with Sara 2:30 Movie Matinee: Christmas Miracle Christmas</p>	<p>10:00 Morning Meetup/Chronicles 26 10:15 Exercise 10:45 Charades 1:30 One on Ones 2:00 BINGO 2:45 Treasure Share 3:15 Fireside Social Holiday Jokes/Riddles 3:45 Adult Coloring: Free Color Boxing Day (Canada) Kwanzaa Begins</p>
<p>10:00 Morning Meetup/Chronicles 27 10:15 Exercise 10:45 Buy a Vowel 1:30 One on Ones 2:00 Crossword Puzzle/Games 2:45 Art 101: New Year's Hats 3:15 Gable Games Ball Toss 3:45 Table Games</p>	<p>10:00 Morning Meetup/Chronicles 28 10:15 Exercise 10:45 Headsup 1:30 One on Ones 2:30 Art Therapy: Comfort and Joy Boxes 3:00 Gable's Spa: Hand Massages 3:30 Bible Study: The Journey 4:00 Tea and Times: Good News Pics 4:15 Daily Reflection</p>	<p>10:00 Morning Meetup/Chronicles 29 10:15 Exercise 10:45 Hangman 1:30 One on Ones 2:30 Arts and Crafts: Snow Globes 3:00 Creative Writing: Scrapbooking 3:30 Healthy Living: Winter Skin Care 4:00 Fireside Social: Winter Trivia</p>	<p>10:00 Morning Meetup/Chronicles 30 10:15 Exercise 10:45 Boggle 1:30 One on Ones 2:00 Country Cooking Snowflake Pretzel Bites 2:30 Documentary: Christmas in the 90's 3:30 BINGO 4:00 Daily Reflection</p>	<p>10:00 Morning Meetup/Chronicles 31 10:15 Exercise 10:45 Buy a Vowel 1:30 One on Ones 2:00 Gable's Spa: Manicures 3:30 Wine and Cheese Social 4:00 Daily Reflection 5:00 Reading with Renata New Year's Eve</p>		

All activities are subject to change. Any changes will be posted on the whiteboard outside of the Activities Room.