



# Pocono Family YMCA FAQ



## Will you be running Summer Camp?

Yes, we are planning to hold Summer Camp. We will be calling it Summer Care because it will be looking quite different. We are following Governor Wolf's recommendations and the ACA guidelines when we will be able to reopen.

## How will you make it safe?

Things will not look the same as we will be making safety a priority for our kids, staff & community.

- encouraging hand washing hourly
- practice 6 ft social distancing
- small groups of 1 counselor to 9 kids
- keeping the same kids and counselors together
- staggered drop off and pick up times
- temperature checks 2x per day
- hourly regular disinfecting and cleaning

## Can I still sign up for Summer Camp?

Yes, you can sign up online or email Nicole directly at [childcaresupervisor@poconoymca.org](mailto:childcaresupervisor@poconoymca.org).

## Will meals be provided with Summer Care?

Yes, we are working with ESASD in providing cold breakfast and lunch daily.

## Will there be before and after camp?

As of right now we will not have before and after care programs available due to safety recommendations which would involve changing rooms, changing groups, and changing of staffing. This may change as recommendations change. For the safety of our kids, team, & community our Summer Care will be offered 8am-3:30pm.

## Where will the YMCA camp be?

Summer Care will be held in The Pocono Family YMCA.

## How will the Y look when we reopen?

- Blue tape encouraging social distancing throughout the facility
- Staff & members will be wearing masks
- Plexiglass shield at the desk area to protect our members, staff & community
- Temperature checks and questionnaire prior to enter the building
- Reservation program for each department to stagger visits and encourage social distancing
- Extremely limited seating areas around the YMCA for socializing
- No coffee at the member service desk area
- Regular deep cleaning of departments
- Different entrances into departments

- Designated bathrooms for each department
- Signs and education on how to clean the different departments
- More cleaning stations throughout each department

## When will you open the Pool?

We will be following the CDC guidelines and Governor Tom Wolf's recommendations on when to reopen our pool area. We believe that it will be able to reopen the pool area in the green phase. This may change as recommendations change.

## How may it look different?

Using the reservation system, we will block off certain times for lap swim. The group will then leave, and the area will be sanitized prior to the next group coming in.

## When will you open the Fitness Center?

The Pocono Family YMCA will follow the CDC guidelines and Governor Tom Wolf's recommendations on when to reopen our fitness area. We will then make decisions keeping our members, staff & community safety in mind. We believe that it will be able to reopen the pool area in the green phase. This may change as recommendations change.

## What steps are you taking to prevent the spread of Corona Virus when you reopen?

- Creating separate entrances/exits into the facility
- Encouraging 6 ft social distancing with tape reminders on the floor
- Cleaning hourly in each department
- Plexiglas shield at the Membership desk to protect the members, staff & community
- Members will be asked to wear masks when in the building
- Limiting occupancy of the building to encourage 6 ft social distancing in each room
- Increase spraying to disinfect areas each night
- Limited hours of operation
- We are following recommendations from the YMCA, CDC, ACA (American Camping Association) and OCDEL

## Do I have to wear masks?

Yes. Currently the guidelines mandate that a mask must be worn while out in public unless you have any underlying medical issues that prevent you from wearing a mask.

## Do I have to wear a mask while working out?

Yes. We strongly encourage all members wear a mask to help ensure the safety of all members unless you have any underlying medical issues that prevent you from wearing a mask.

## Will we have special times for seniors?

Once we receive the green phase approval from the Governor, we will look into specialized times for seniors according to safety recommendation. Coffee in our community area will not be available at this time.

## Will you be taking temperature checks?

Yes. Before you enter the building, you will have your temperature taken at the designated location or tent located outside of the entrance.

## Can I still donate to the Y?

Yes. You can head to our website to donate [www.poconoyymca.org](http://www.poconoyymca.org) or you can send a check to the Pocono Family YMCA to 809 Main Street Stroudsburg, PA 18360. Our priority is assisting families in need that need subsidizing for their children to attend summer care.

## What has the Y been doing while closed?

- Checking in on our Seniors
- Weekly bedtime stories to closed childcare classrooms. We have read of a dozen stories.
- Sending out daily at home fitness programs with Les Mills, Y360, & Silver Sneakers
- Sending out daily activities to do with your kids
- Hosting Blood Drive with the Red Cross
- Swim Team holding trainings and webinars with special guests
- Weekly Kids Corner emails with lots of resources for keep your kids busy

\*All information given may change at any time for the safety of our members.

Here is the example of the PA & Rec guidelines that we are using to help make the safest decision. These are one of many guidelines we are referencing for community safety.



## Recreation and Park Facility **Reopening Guidelines** based on the Process to Reopen Pennsylvania

PRPS offers this advice to assist park owners and stewards to comply with guidance from the [PA Dept. of Health](#) and Governor Wolf's [Process to Reopen Pennsylvania](#), especially where specific recreation and park directives remain undefined. Certain of these recommendations may differ with

local regulations or future definitive state guidance when issued; and PRPS defers to those authorities.

[The PRPS Pandemic Center for recreation and park management](#) offers many COVID-related resources for the industry. For

assistance in planning for agency reopening and recovery, access the [NRPA-PRPS Path to Recovery Framework](#).

***These Guidelines are subject to change upon further definitive Guidance.***

*Revised May 12, 2020*

Water-Based Recreation	Red Phase	Yellow Phase	Green Phase	Phase Out
<b>Beaches and Marinas</b>	Closed	Marinas open with mass gathering restrictions. Beaches closed.	Marinas and beaches open with physical distancing restrictions. Informative signage required.	Open at full capacity
<b>Locker Rooms, Showers</b>	Closed	Open, follow strict CDC sanitation guidelines, maximum physical distancing. Informational signage required.	Open, limited to 25 people; physical distancing measures in place; follow CDC Guidelines for cleaning. Informational signage required.	Open at full capacity
<b>Pools (Indoor &amp; Outdoor)</b>	Closed	Closed	Open with physical distancing measures; limited to 25 people in each active zone. Follow PA Dept. of Health and CDC Guidelines for water sanitation and cleaning. Informative signage required.	Open at full capacity
<b>Splash Pads, Aquatic Structures</b>	Closed	Closed	Open with physical distancing measures; follow PA Dept. of Health, CDC Guidelines for water sanitation and cleaning. Informative signage required.	Open at full capacity
<b>Outdoor Recreation</b>				
<b>Athletics</b>	Closed	Closed	Open for controlled non-contact practices, clinics and modified game rules. Limit 25 including coaches and spectators per scheduled field/court. No self-serve concessions.	Open at full capacity
<b>Child Care</b>	Closed	Open, complying with all Child Care Guidance. Gatherings of >25 prohibited.	Open for business with all applicable guidelines implemented. 1:10 ratio, limited to 25 people per active use zone.	Open at full capacity
<b>Golf</b>	Open with touchless golf guidelines and physical distancing	Open with touchless golf guidelines and physical distancing restrictions.	Open with touchless golf guidelines and physical distancing restrictions. Limit one cart, regular tee times offered.	Open at full capacity
<b>Outdoor Entertainment Venues</b>	Closed	Closed	Allow with mass gatherings restrictions of <100 people; no more than 25 people per separate activity; however specific restrictions may be required depending on the nature of the event.	Open at full capacity
<b>Playgrounds</b>	Closed	Closed	Open with physical distancing restrictions. Informative signage required.	Open at full capacity
<b>Restrooms (Outdoor)</b>	Closed	Open with daily sanitation. Informative signage required.	Open with daily sanitation. Informative signage required.	Open at full capacity
<b>Skateparks</b>	Closed	Closed	Open but limited to non-contact activities with a limit of 25 people and adequate physical distancing	Open at full capacity
<b>Summer Camps</b>	Closed	Outdoor camps open with all applicable guidelines implemented. 1:10 ratio, limited to 25 people per active use zone.	Open for business with all applicable guidelines implemented. 1:10 ratio, limited to 25 people per active use zone.	Open at full capacity
<b>Trails</b>	Open with 6-15 feet physical distancing	Open with 6-15 feet physical distancing	Open with 6-15 feet physical distancing	Open at full capacity
<b>Indoor Recreation</b>				
<b>Community/Senior Centers</b>	Closed	Closed	Open for non-contact activities with physical distancing and gathering size limited to 30% max capacity of each active use zone.	Open at full capacity
			Open with physical distancing measures; limited to	